

Baixar Tempos compulsivos: a busca desenfreada pelo prazer (PDF, ePub, Mobi)

Sandra Edler GRATIS



Uma reflexão sobre as compulsões e o tempo em que vivemos. Tempos compulsivos reúne reflexões sobre um tempo de respostas exaltadas, de opiniões apressadas, desabafos públicos e de uma busca desmedida e imediata pelo prazer. Partindo de considerações acerca de nosso estilo de vida, de nossas demandas, de tudo aquilo que se vai incorporando ao cotidiano sem percebermos, constata que essa aceleração resultou tanto no crescimento de compulsões, como das depressões e dos quadros de violência.

Pesadas rotinas de trabalho, compromissos presenciais e virtuais, incontáveis afazeres apontam para o fato de que a vida não cabe mais nas 24 horas diárias. Somos hoje impostos a uma extrema aceleração na maneira de viver e de pensar. O resultado é só um: pessoas exaustas, sobrecarregadas, estressadas, muitas vezes "gritando" silenciosamente por socorro.

Neste livro, a psicanalista Sandra Edler se debruça sobre depoimentos de pessoas que sofrem deste mal e estabelece uma relação entre nosso modo de vida e o crescimento de compulsões pelos mais variados elementos, como alimentos, exercícios, dinheiro, compras, uso da internet, jogos, sexo e até mesmo trabalho. Em algum momento, ultrapassamos uma linha tênue e o que poderia parecer apenas um hábito, passa a tomar conta de nossa personalidade.

Quem sabe, após a leitura deste livro, consigamos parar um momento, repensar o dia a dia, rever posições e tomar outro caminho, contrário à desesperança, à intensidade desmedida e ao desespero. SANDRA EDLER é psicóloga e psicanalista, formada em psicologia pela PUC-Rio. Realizou mestrado e doutorado no Programa de Pós-Graduação em teoria psicanalítica da UFRJ. Desde o fim dos anos 1980, atua como psicanalista em seu consultório particular. Durante o doutorado e nos anos seguintes, realizou ampla pesquisa sobre as depressões na contemporaneidade e publicou, em 2008, Luto e melancolia: à sombra do espetáculo, pela Civilização Brasileira.

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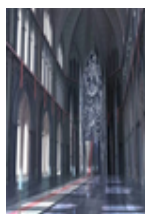
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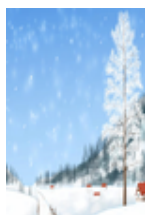
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In the hazy distant mountains, covered with a veil, the shadows are dim. In the misty clouds and smoke, several magnificent peaks stand steeply, suddenly far and near.

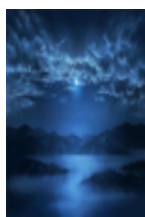
[PDF] Immortal heart(2)



<http://media.beebok.info/br-1457263829/immortal-heart-2.html>

In the hazy distant mountains, covered with a veil, the shadows are dim. In the misty clouds and smoke, several magnificent peaks stand steeply, suddenly far and near.

[PDF] First arrest(1)



<http://media.beebok.info/br-1457139546/first-arrest-1.html>

On the rivers and lakes, if you are not only caught in the face of these "running dogs" of the court, but also struggle against it. So, if such a good name is passed on to the rivers and lakes, the people of the rivers and lakes will certainly praise you. It is not a pleasure for those...

[PDF] First born



<http://media.beebok.info/br-1457248536/first-born.html>

The friend was very silver and tasteful, and later came to know how rich he was, a descendant of a royal family in Europe. The ring, as he said, was a treasure brought back by the elders of the family a long time ago

[PDF] Soul Reaver(3)



<http://media.beebok.info/br-1457262574/soul-reaver-3.html>

This secret is actually an introductory classic of a sect of alchemists, because it is the most elementary skill, and there is nothing to do with it. At most, nobody can guide it, but the key is that it is not a recipe for practice, but an introductory method of alchemy.

[PDF] Altar Immortals(2)



<http://media.beebok.info/br-1457111270/altar-immortals-2.html>

Halfway up the hill, a teenager in grey clothes was walking slowly down the rugged mountain road with a pile of dry wood on his back. As he walked, he took out a book from his arms and turned it over. He was gradually fascinated by it.

[PDF] Carry a zombie to repair Immortals(2)



<http://media.beebok.info/br-1457250965/carry-a-zombie-to-repair-immortals-2.html>

Close to a great river, the water transport is developed. So, although the town is not big, there are many shops, businessmen and travelers, revealing the prosperous scene everywhere.

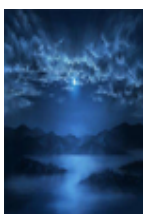
[PDF] Carry a zombie to repair Immortals(1)



<http://media.beebok.info/br-1457244964/carry-a-zombie-to-repair-immortals-1.html>

Close to a great river, the water transport is developed. So, although the town is not big, there are many shops, businessmen and travelers, revealing the prosperous scene everywhere.

[PDF] First arrest(2)



<http://media.beebok.info/br-1457141755/first-arrest-2.html>

On the rivers and lakes, if you are not only caught in the face of these "running dogs" of the court, but also struggle against it. So, if such a good name is passed on to the rivers and lakes, the people of the rivers and lakes will certainly praise you. It is not a pleasure for those...

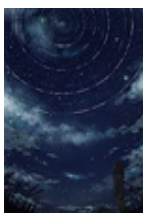
[PDF] Furacão Anitta



<http://media.beebok.info/br-1453894390/furacao-anitta.html>

Desde que deixou o Brasil inteiro babando com o Show das Poderosas, Anitta se tornou uma obsessão nacional. Seus clipes quebram a internet, jovens descolados copiam seu estilo e seus passos são seguidos por milhões de fãs, ávidos por qualquer...

[PDF] King of the immortal(2)



<http://media.beebok.info/br-1457257771/king-of-the-immortal-2.html>

Desperate, a white-clothed lady in the sky proudly, the only figure, but make the world colorless.
